

Lucy Brock Daily Preschool Flexible Schedule

Time of Day (Flexible)	Our Daily Routine
7:30-10:00	Morning Centers (individual Toileting)
8:45	Snack as small groups
10:00-10:20	Morning Meeting
10:30-11:30	Outdoor Play (Weather Dependent)
11:30-12:00	Lunch
12:00-12:30	Getting ready for Nap- Toileting, Tooth Brushing
12:30-2:30	Nap (Quiet activities for those awake)
2:30-3:30	Afternoon Snack Available
3:30-5:30	Indoor/Outdoor Center Play & Departure (Individual Toileting)