

# Lucy Brock Daily Infant/Toddler Flexible Schedule

Time of Day (Flexible)	Our Daily Routine
7:30-9:30	Arrival and Free Play (Individual Diapering before Snack)
9:30-10:00	Morning Snack
10:00-11:30	Indoor/Outdoor Free Play (Weather Dependent) (Individual Diapering before Lunch)
11:30-12:00	Lunch
12:00-3:00	Nap (Quiet activities for those awake) (Individual Diapering upon waking)
3:00-3:30	Afternoon Snack
3:30-5:30	Indoor/Outdoor Center Play & Departure (Individual Diapering)